Session Information Form & Waiver

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**Shamanic Soul Guide: BE Your Own Shaman**

**Full Name:**

**Birth Date:**

**Gender Identity:**

**Email Address:**

**SKYPE Name:**

**FaceTime Number:**

**How Did You Find Us:**

1. **Are you a beginner, intermediate, or advanced energy practitioner? Do you already have meditative practice or do you want to learn ‘how’ to meditate?**

1. **What are your hopes, fears, intentions, and history around developing your very own Shamanic healing practice?**

1. **Would you like to become a Certified Shamanic Healing Practitioner or Shamanic Soul Guide so that you can offer Shamanic Healing to others…or do you want to focus more on healing yourself with Shamanic techniques?**

1. **Shamanism requires some form of meditation to relax the body and mind so that we can safely take you on a Shamanic journey. What relaxes you?**

1. **Do you have, or are you already using, any intuitive gifts? Which ones would you like to learn more about, or develop?**

**\*Please share whatever you would like about yourself below.\***

**Shamanism does NOT discriminate. These practices are not religious or even have to be ‘spiritual’. We connect with what is LOVE for you. What feels good. What you love to do…and then, we expand upon that to find something that works for you. Eventually, your Way to practice Shamanic Healing will become clear!**

**Please Sign Waiver:**

I consent to receive Shamanic Reiki healing from Sarah Norwood. I waive and release any and all claims for damages I may have against “Sarah Norwood” and/or “Shamanic Mountain Healing.” I agree to hold “Sarah Norwood” and “Shamanic Mountain Healing” harmless and indemnify it for any incidents(s) that arise from my use of Shamanic Reiki healing sessions. I understand that Shamanic Reiki distance healing sessions are performed as healing energy flows through Sarah (not from her) to the client. Sarah is not responsible for where the healing energy goes, what she will ‘see’ or ‘hear’ in her altered state, or how it will affect an individual person. There are varied results and every person should be aware that Reiki energy goes very deep and often unveils a diverse range of emotions including happiness, sadness, anger, pain, joy, etc. I understand that Sarah is not a medical doctor and does not diagnose or prescribe. Any written or verbal discussions are only informational, not prescriptions. If you have a condition that Sarah feels would be best treated by another health professional, she will refer you to a qualified practitioner. Any information exchanged during a distance Shamanic Reiki session is completely confidential. There are no refunds after the completion of your session.

**I have read, understood and agree to the waiver     Yes \_\_\_ No\_\_**Bottom of Form